

MARCH 2018







ARTS & HEALING



OCEAN CONSERVANCY AND PREMIER BEACH CLEANUP

Ocean trash affects the health of wildlife, people and local economies. Trash in the water and on the shore can be mistaken as food by wildlife, or entangle animals with lethal consequences. Plastic also attracts and concentrates other pollutants from surrounding seawater, posing a contamination risk to those species that might consume it. Scientists are studying the contamination on fish, shellfish, as well as the possible impact it may have on human health.

From plankton to whales, animals across ocean ecosystems have contamination caused by plastic. Research findings show plastic discovered in 59% of sea birds like albatross and pelicans, in 100% of sea turtle species, and more than 25% of fish sampled from seafood markets around the world. Whether we work alone on a deserted beach or with a small group of our friends, we have the knowledge that we are part of a larger congregation. Marine debris is not an ocean problem—it is a people problem. That means people are the solution.

Please join Premier for our next Beach Cleanup on Saturday March 31, from 8:00 AM-10:30 AM.

ASSOCIATE SPOTLIGHT: ISABEL ESCOSTEGUY

Congratulations to Premier Associate Isabel Escosteguy, who became a US citizen on January 23, 2018. Isabel is SQL Developer on our Reporting Team. The ceremony took place at the South Florida Fairgrounds in West Palm Beach, where 512 people from 65 countries also got their citizenship.

Isabel is involved with Brazilian Voices, a non-profit organization (www.brazilianvoices.org), which evolved out of a vocal technique workshop organized by Beatriz Malnic and Loren Oliveira in 2001. This led to a humanistic venture called Arts & Healing wherein Brazilian Voices singers bring soothing Bossa Nova and Samba to individuals and groups for healing purposes. Most recently, Arts & Healing has been getting children involved by bringing them tambourines and shakers, such as at Alex's Place, a pediatric cancer center at the Sylvester UM Hospital in Miami. The children are invited to join the singers by playing their shakers while they are receiving chemo infusion. 8 more musical performances are scheduled until May 2018, including Covenant Village, an assisted living home in Plantation, and Nicklaus Children's Hospital. Approximate 48 shakers and 48 tambourines are donated per visit, so Brazilian Voices can use our help. Anyone interested in learning more or donating can go see Isabel in the reporting team office. There is a donation bin next to her desk for collecting mini tambourines and egg shakers for the children. Please contact Isabel at extension 332 or email her if you are interested in donating.

#DOUGLASSTRONG

In the aftermath of the tragic shooting at Stoneman Douglas High School, several of our Premier associates have expressed an interest in supporting the victims and the nearby Parkland community. Premier has donated a support banner as requested by the high school to hang on the school grounds. Our Community Service and Wellness Committees are highlighting volunteer opportunities including options to donate blood, purchase T-shirts, join a school spirit "Tastes Great Fundraiser" at Chipotle in Coral Springs and "Walk for a Cause" for the Healing Hearts Foundation offering free help and grief workshops to anyone that needs help.

Check our upcoming email for the related educational flyer with hyperlinks to the various volunteer opportunities. #PremierSupports

ABOUT PREMIER EYE CARE

Premier's People, Planet, Profit triple bottom line means we are dedicated to helping the community. Contributions to 501(3)(c) charities since 2012 have topped \$600,000 and include diverse groups like the American Heart Assoc., the Drug Abuse Treatment Assoc., the Girl Scouts, Kenya Rescue, Tampa Crisis Center, Preserve Vision Florida, and more. Stay tuned for company-wide opportunities.



PREMIER EXPERTISE. PREMIER SERVICE.