

NOVEMBER 2015



THANKSGIVING FOOD DRIVE AND TOYS FOR TOTS

A big thank you to everyone who participated in this our third annual food drive for Boca Helping Hands Pantry. We collected 192 lbs. our first year, and 300 lbs. last year. This season, we collected 473 lbs.! Outstanding job, Premier!

We are also thanking you in advance for helping collected new unwrapped toys for Toys for Tots for the upcoming Christmas season. **Toys for Tots** is a program run by the United States Marine Corps Reserve which distributes toys to children whose parents cannot afford to buy them gifts for Christmas. The program was founded in 1947 by reservist Major Bill Hendricks. As a reminder, collection bins are located in the lobby of both buildings along with guidelines.

To make a financial donation, visit <u>toysfortots.org</u>. To donate by credit, click "Donate Online." Checks should be made payable to **Marine Toys for Tots Foundation** and mailed to 18251 Quantico Gateway Dr., Triangle, VA 22172.



NOVEMBER - NATIVE AMERICAN HERITAGE MONTH

November is known for Thanksgiving, however, it is also Alzheimer's Awareness month, Epilepsy Awareness month, and Lung Cancer Awareness month. Since 1990, it is also, ironically, Native American Heritage Month. Starting in 1983 with American Indian Day, and through the 80s with various American Indian Week Designations in Congress, the 101st Congress declared November National American Indian Heritage Month, a landmark Bill honoring America's Tribal people. http://nativeamericanheritagemonth.gov/

The aim of this observance is to provide a platform for Native People in the US to share their culture, traditions, music, crafts, dance, and ways and concepts of life. This gives Native people the opportunity to express to their community, both city, county and state officials their concerns and solutions for building bridges of understanding and friendship in their local area. Federal Agencies are encouraged to provide educational programs for their employees regarding Native American history, rights, culture and contemporary issues, to better assist them in their jobs and for overall awareness.



THANKSGIVING 2015 VOLUNTEER OPPORTUNITIES AND MORE

Please consider helping those in need, not just at Thanksgiving but throughout the year. It's a documented fact that thinking of and doing for others makes you happy. Try VolunteerMatch.org to find things locally. Contributing to food drives; helping homeless veterans; delivering meals. There are plenty of opportunities to give a hand.

If you have children who need community hours, now is a good time. Try HandsOn Broward or HandsonNetwork.org, the United Way site, and check the Palm Beach section. You can find projects for ages 13-17 or under 13. You can set an example for your children and help them develop life skills. Thanksgiving is unique in that even though it has historical roots in religious and cultural traditions in many countries, it has also a long celebrated in a secular manner.

ABOUT PREMIER EYE CARE

Premier's People, Planet, Profit triple bottom line means we are dedicated to helping the community. Contributions to 501(3)(c) charities since 2012 have topped \$600,000 and include diverse groups like the American Heart Assoc., the Drug Abuse Treatment Assoc., the Girl Scouts, Kenya Rescue, Tampa Crisis Center, Prevent Blindness, and more. Stay tuned for company-wide opportunities.



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