



Cleaner Beaches |n a Greener Way! www.seaangels.org





## **BEACH CLEANUP**

The recent beach cleanup in conjunction with Sea Angels was a success. Twenty-three Premier associates attended, joining numerous other companies. Thanks to everyone who helped out. Pictures from the event are located at G:\Documents\Community Service Committee\Beach Cleanup\2015. Premier will definitely be participating again.

Most common item found: cigarette butts and plastic bottle caps, both of which get swallowed commonly by smaller animals. Weirdest item found: a hypodermic needle. Beach cleanups play a vital role in Florida where many cutbacks have meant that workers no longer comb the beaches catching these types of items but only use a sand-cleaning machine or sandboni. Sea Angels has beach cleanups the last Saturday of every month. Many beaches are in need of regular cleanup, and happen year round. Additionally, they are eligible for community service hours and are a good way to get children involved in socially conscious activities. See you at the next one.

## RUN, WALK, OR CRAWL FOR CHARITY

Will Run For Bling is a virtual race company hosting virtual runs to offer runners across the world an opportunity to run for some of the best BLING and donate to a good cause! A virtual race is a race that can be run at any location. You can walk, use the treadmill, run outside or participate in another race. You can run your race at your pace wherever you like.

Their charities include Make-a-Wish, Wounded Warrior Project, and the National Breast Cancer Foundation. You can even use your Fitbit to track your progress. Completion is based on the honor system and they ask that you just post on Facebook to inspire others. So far Luis Prieto and Patrick Hatchwell have registered for the Top Gun Run for Intrepid Fallen Heroes Fund. Go to <u>http://www.willrunforbling.com/</u> if you're interested or just like them on Facebook to spread the word.

The next event is the Super Mom benefitting the Global Fund for Women. You could walk a 5K over a week and still get your bling. If you want the t-shirt it's \$20 more. Ever wanted a medal just for dragging yourself to the gym? Wish granted! You can help others while doing what you're going to do anyway, and still get something shiny for it. How cool is that?



## Got Any Ideas? Want to Help?

The Community Service Committee needs people who can help organize any kind of activity or event that benefits the community. If you have a charity or volunteer opportunity that you think Premier can benefit, get the ball rolling and we'll help you get the message out and organize people. If you can help with any tasks for our Food or Toy Drives or can take pictures of an upcoming event, we need you. We want to hear from you if you have a charity or organization that you're involved with outside Premier.

Send an email to the Community Service Committee if you're interested.

## **ABOUT PREMIER EYE CARE**

Premier's People, Planet, Profit triple bottom line means we are dedicated to helping the community. Contributions to 501(3)(c) charities since 2012 have topped \$600,000 and include diverse groups like the American Heart Assoc., the Drug Abuse Treatment Assoc., the Girl Scouts, Kenya Rescue, Tampa Crisis Center, Prevent Blindness, and more. Stay tuned for company-wide opportunities.



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