



PREMIER IN THE COMMUNITY

December 2013

WE ♥ GIVING

Thanks for Thanksgiving

A big thank you to all the Premier associates who helped with the Thanksgiving Food Drive for Boca Helping Hands. We collected a bit more than 192 LBS of food and plan on making this a quarterly event. In addition, a number of people from Premier helped provide meals on Thanksgiving Day by preparing and delivering meals for Meals and Wheels and Branches FL.

If anyone would like to submit ideas for new volunteer opportunities for Premier, please email the Community Service Committee. New ideas are always welcome.



Marine Corps Toys for Tots Drive

For the upcoming Holiday Season we will be collecting for Toys for Tots West Palm Beach. There is no particular list of acceptable toys; however, any realistic-looking weapons or gifts with food would not be distributed. Toys should be new and unwrapped.

Please refer to their website with any FAQs: <http://west-palm-beach-fl.toysfortots.org/local-coordinator-sites/lco-sites/local-faq.aspx>

Our drop-off deadline is December 17th.



The Joy of Volunteering

Even though we are all very busy, the benefits of volunteering are enormous. Volunteering helps people to connect with others, make new friends and contacts, and increase social and relationship skills. You can even volunteer as a family and show children firsthand how volunteering makes a difference and makes you feel good. Volunteering increases self-confidence, combats depression, and helps you stay physically healthy. Helping others kindles happiness, and brings fun and fulfillment to your life when you do something that matches your goals and interests. Try sites like Volunteerspot or Volunteers of America as a starting point. If there is something specific you want to do, then go for it. If you need help getting started, email us at the Community service Committee and we'll help you.

ABOUT PREMIER EYE CARE

Premier's People, Planet, Profit triple bottom line means we are dedicated to helping the community. Contributions to 501(3)(c) charities since 2012 have topped \$400,000 and include diverse groups like the American Heart Assoc., the Drug Abuse Treatment Assoc., the Girl Scouts, Kenya Rescue, Tampa Crisis Center, Prevent Blindness, and more. Stay tuned for company-wide opportunities.

